



**CARE EXTENSION TO TRADITIONAL AND COMPLEMENTARY MEDICINE (T&CM)  
SERVICES FORM, IN MINISTRY OF HEALTH (MOH) HOSPITAL**

To		Date	
Patient's Name		IC No.	
		RN No.	

**Patient's Medical History**

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**Patient's Diagnosis**

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**Presence of contraindications:** Yes [  ] / No [  ] (please refer the contraindications of T&CM services at the next page)

**Indication for Treatment**

<p><b>Acupuncture</b></p> <ul style="list-style-type: none"> <li>▪ Post Stroke <input type="checkbox"/></li> <li>▪ Chronic Pain <input type="checkbox"/></li> <li>▪ Chemotherapy Induced Nausea and Vomiting <input type="checkbox"/></li> </ul>	<p><b>Shirodhara</b></p> <ul style="list-style-type: none"> <li>▪ Insomnia <input type="checkbox"/></li> <li>▪ Headaches <input type="checkbox"/></li> <li>▪ Stress or Mental Fatigue <input type="checkbox"/></li> <li>▪ Anxiety <input type="checkbox"/></li> <li>▪ Mild Depression <input type="checkbox"/></li> </ul>
<p><b>Traditional Massage</b></p> <ul style="list-style-type: none"> <li>▪ Post Stroke <input type="checkbox"/></li> <li>▪ Chronic Pain <input type="checkbox"/></li> </ul>	<p><b>External Basti Therapy</b></p> <p><b><u>Kati Basti</u></b></p> <ul style="list-style-type: none"> <li>▪ Lumbago (Low Back Ache) <input type="checkbox"/></li> <li>▪ Lumbar Spondylosis <input type="checkbox"/></li> <li>▪ Inter-vertebral disc prolapses <input type="checkbox"/></li> <li>▪ Sciatica <input type="checkbox"/></li> </ul> <p><b><u>Greeva Basti</u></b></p> <ul style="list-style-type: none"> <li>▪ Neck Stiffness and Pain <input type="checkbox"/></li> <li>▪ Cervical Spondylosis <input type="checkbox"/></li> </ul> <p><b><u>Janu Basti</u></b></p> <ul style="list-style-type: none"> <li>▪ Stiffness and Pain in Knee Joint <input type="checkbox"/></li> <li>▪ Osteoarthritis of knee Joint <input type="checkbox"/></li> </ul>
<p><b>Herbal Therapy as Adjunct Treatment for Cancer</b> <input type="checkbox"/></p>	

\* *Kindly ensure the chosen T&CM service is provided at the T&CM Unit of your hospital*

**Verified by:**

**Signature:**

**Department:**

\* This form is VALID for 1 month only.

Treatment Selection				
Acupuncture	Traditional Massage	Shirodhara	External Basti Therapy	Herbal Therapy as Adjunct Treatment for Cancer
<b>Patient Criteria:</b> <ul style="list-style-type: none"> <li>18 years old and above</li> <li>Clinically stable</li> <li>Able to understand and follow instruction</li> </ul>	<b>Patient Criteria:</b> <ul style="list-style-type: none"> <li>18 years old and above</li> <li>Clinically stable</li> <li>Able to understand and follow instruction</li> </ul>	<b>Patient Criteria:</b> <ul style="list-style-type: none"> <li>18 years old and above</li> <li>Clinically stable</li> <li>Not bedridden</li> <li>Not acutely psychotic, suicidal, delirious, manic, or demented</li> <li>Not intellectually challenged</li> </ul>	<b>Patient Criteria:</b> <ul style="list-style-type: none"> <li>18 years old and above</li> <li>Clinically stable</li> <li>Not bedridden</li> <li>Able to understand and follow instruction</li> </ul>	<b>Patient Criteria</b> <ul style="list-style-type: none"> <li>18 years old and above</li> <li>Referred by a specialist in charge (an Oncologist) or a registered Medical Officer under the supervision of a specialist</li> </ul>
Indications				
<ul style="list-style-type: none"> <li>Post Stroke</li> <li>Chronic Pain</li> <li>Chemotherapy Induced Nausea and Vomiting</li> </ul>	<ul style="list-style-type: none"> <li>Post Stroke</li> <li>Chronic Pain</li> </ul>	<ul style="list-style-type: none"> <li>Insomnia</li> <li>Headaches</li> <li>Stress or Mental Fatigue</li> <li>Anxiety</li> <li>Mild Depression</li> </ul>	<p><b><u>Kati Basti</u></b></p> <ul style="list-style-type: none"> <li>Lumbago (Low Back Ache)</li> <li>Lumbar Spondylosis</li> <li>Inter-vertebral disc prolapses</li> <li>Sciatica</li> </ul> <p><b><u>Greeva Basti</u></b></p> <ul style="list-style-type: none"> <li>Neck Stiffness and Pain</li> <li>Cervical Spondylosis</li> </ul> <p><b><u>Janu Basti</u></b></p> <ul style="list-style-type: none"> <li>Stiffness and pain in Knee Joint</li> <li>Osteoarthritis of knee joint</li> </ul>	<ul style="list-style-type: none"> <li>Reduce cancer symptoms and complications</li> <li>Minimise side effects Resulting from conventional cancer treatment (e.g. Chemotherapy/ radiotherapy)</li> </ul>
Contraindications				
<ul style="list-style-type: none"> <li>Medical and surgical emergencies e.g.: <ul style="list-style-type: none"> <li>Uncontrollable diabetes</li> <li>Cardiac arrhythmias</li> <li>Heart failures</li> </ul> </li> <li>Severe and uncontrollable neurological conditions e.g.: <ul style="list-style-type: none"> <li>Uncontrollable epilepsy</li> <li>Athetoid patients or movement</li> </ul> </li> <li>Cardiac pacemaker or any devices that emit electrical frequency (contraindicated for electro acupuncture)</li> <li>Diagnosed with skin conditions e.g.: <ul style="list-style-type: none"> <li>Undiagnosed lump, warts, moles</li> <li>Infected skin</li> <li>Allergic to metal</li> </ul> </li> <li>Bleeding tendencies/ On anticoagulants</li> <li>Pregnancy</li> <li>Malignant Tumour</li> <li>Unstable Haemorrhagic stroke</li> </ul>	<ul style="list-style-type: none"> <li>Deep Vein Thrombosis</li> <li>Bone Fracture</li> <li>Osteoporosis</li> <li>Pregnancy</li> <li>High Fever</li> <li>Cancer</li> <li>New open wounds/ burn</li> <li>Skin problems over affected area</li> <li>Bleeding disorder e.g. Haemophilia</li> <li>Taking anticoagulation drugs e.g. warfarin</li> </ul>	<ul style="list-style-type: none"> <li>Hypotension</li> <li>Alcoholism</li> <li>Drug addiction</li> <li>Pregnancy</li> <li>Brain Tumour</li> <li>Central or Peripheral Neuropathy</li> <li>Peripheral Arterial Disease</li> <li>Conditions of the head and neck region.e.g.: <ul style="list-style-type: none"> <li>Recent neck injury</li> <li>Presence of an open wound</li> <li>Presence of inflammation</li> <li>Loss of sensation</li> <li>Acute Sinusitis</li> </ul> </li> <li>Psychological disorders (Acute psychosis, suicidal ideation, delirious, mania or dementia)</li> <li>Influenza- like-illness (ILI)</li> </ul>	<ul style="list-style-type: none"> <li>Fever</li> <li>Pregnancy</li> <li>Acute Sinusitis</li> <li>Acute Alcohol Intoxication</li> <li>Acute Withdrawal Syndrome</li> <li>Central or Peripheral Neuropathy</li> <li>Peripheral Arterial Disease</li> <li>Conditions of the lumbar, neck and knee region e.g.: <ul style="list-style-type: none"> <li>Recent injury (fracture and dislocation)</li> <li>Open wound over the treatment area</li> <li>Inflammation of the treatment area</li> <li>Cancer</li> <li>Tuberculosis of the spine</li> </ul> </li> </ul>	Herbal therapy is not given concurrently with chemotherapy

\* All guidelines are available at <http://tcm.moh.gov.my/ms/index.php/dasar/garispenduan/amalan>